

Female			U23	Male		
Emily Horne	8.01s	2015(i)	60m	Peter Oliver	7.05s	2014
Emma Douras	9.43s	2016(i)	60mH			
Emma Douras	12.6s	2015	100m	Peter Oliver	11.1s	2013
Emma Douras	14.7s	2015	100mH			
			110mH	Rhys Lees	17.23s	2026
Kirstie Overfield	26s	2013	200m	Jacob Winter	21.88s	2026
Liza Parry	25.82s	2006(i)	300m			
Emily Lagomarsino	49.6s	2012	400m			
Liza Parry	54.74s	2006	400m	Jacob Winter	47.72s	2026
				Jacob Winter	48.75s	2026(i)
Sian Davies	61.96s	2007	400mH	Rhys Lees	61s	2026
Sophie Horne	2:42.0s	2012	800m	Jordan Smith	2:08.0s	2013
			1500m	Adam Bodin	4:42.6s	2021
			Mile	Jordan Smith	4:11.2s	2013
Tessa Clarke	10:39.6s	2008	3000m	Jordan Smith	10:24.2s	2013
			3000mSC	Alistair Gamble	13:05.5s	2010
Emma Goulding	5.28m	2012	LJ	Jack Compton	6.53m	2024
Sian Davies	11.31m	2007	TJ	Luke Jones	12.23m	2011
Emma Douras	1.65m	2015	HJ	Rhys Lees	1.60m	2026
Rachel Perry	9.16m	2011	Shot	Robert Bridgwater	13.07m	2006
Rachel Perry	29.98m	2011	Discus	Robert Bridgwater	39.96m	2006
Rachel Perry	23.50m	2011	Javelin	Joe Smith	40.54m	2013
Gemma Evans	30.66m	2009	Hammer	Joe Smith	43.75m	2014